

## Know Your Risk For Colon and Rectal Cancer

**\*\*\* Patients who are considered high risk for colorectal cancer should not have Cologuard / FIT / Shield tests as they are considered inappropriate for colorectal screenings. These tests are designed only for average-risk individuals.**

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### High-Risk For Colon Cancer Criteria:

You are considered high-risk for colorectal cancer if any of the following apply:

- Personal history of precancerous polyps (adenomas)
- Personal history of colon or rectal cancer
- Family history of precancerous polyps (adenomas)
- Family history of colon or rectal cancer
- Patients with Ulcerative Colitis or Crohn's
- Patients with history of radiation treatment to the abdomen or pelvis
- Patients with a diagnosis of (or a first degree relative with) any of the following:
  - Lynch Syndrome
  - Hereditary non-polyposis colorectal cancer (HNPCC)
  - Familial adenomatous polyposis (FAP)
  - Any other inherited syndrome increasing your risk of colorectal cancer
- **Contact our Endoscopy Center Scheduling Team @ 410.224.3636 Option 1**
  - If you have not had a colonoscopy and age 45 or older
  - If you meet any of the high-risk criteria and have not had a colonoscopy
  - For patients under the age of 45, we will complete a high-risk screening assessment. Our doctors will review this screening assessment and determine your risk with recommendations for your next colonoscopy.

**\*\*\*Note: not all high-risk criteria are listed and recommendations for screening colonoscopy may vary.**